



**JUDO CLUB ISTARSKI BORAC**

**PULA – CROATIA**

Invites You to the  
**INTERNATIONAL JUDO TRAINING CAMP**

# **ISTRA 2012**

**26<sup>th</sup> – 30<sup>th</sup> June 2012 in Pula - Croatia**

**Camp leader**

**JANUSZ PAWLOWSKI**

**2 TIMES OLYMPIC GAMES MEDALIST (Moscow 1980-3<sup>rd</sup>, Seoul 1988-2<sup>nd</sup>)**  
**3 TIMES WORLD CHAMPIONSHIPS MEDALIST**  
**3 TIMES EUROPEAN CHAMPIONSHIPS MEDALIST**  
**Technical Director and COACH OF ITALIAN NATIONAL TEAM 1992 - 1996**  
**SELECTOR AND COACH OF POLISH NATIONAL TEAM 1997 - 1999**

**Technical coach**

**GIROLAMO GIOVINAZZO**

**2 TIMES OLYMPIC GAMES MEDALIST (Atlanta 1996-2<sup>rd</sup>, Sidney 2000-3<sup>rd</sup>)**  
**6 TIMES EUROPEAN CHAMPIONSHIPS MEDALIST**  
**EUROPEAN CHAMPION (Gdansk 1994)**

**PROGRAM:**

**Arrival: Monday, 25 of June 2012 - registration procedure, check-in, dinner.**  
**There will be organized two training sessions a day, mainly for cadets, juniors and seniors.**  
**First training: Tuesday, 26<sup>th</sup> June at 09.00 am.**  
**Last training: Saturday, 30<sup>th</sup> June at 18.00 pm.**  
**Single training program: 09.00 – 11.00 – Randori; 18.00 – 20.00 – Technical training.**



Judo ....



...&...



... sea



**ACCOMODATION:**

**STUDENT CENTER - situated apx 500 m from the sport hall where the training camp is taking place, and 1,5 km from the beach. All rooms are quadruple, equipped with floor bathroom, WC. Full board treatment. The price includes sojourn tax.**

**Prices:**

Full board 1 / 4 – Prices in Euro per day and person – 28.00 €

Entry fee for the camp: 50 € (Single training 10€)

Total price: 190 € with departure on June 30<sup>th</sup>, or 218 € with departure on July 1<sup>st</sup> 2012

**Information and entries:**

**DEAN ILIĆ – Mobile +385 98 759 099**  
**Tel +385 52575074**

**E-mail: [dean.ilic@pu.t-com.hr](mailto:dean.ilic@pu.t-com.hr)**